

COURTESY - INTEGRITY - PERSISTENCE - SELF-CONTROL - INDOMITABLE SPIRIT

4	<p>DESCRIBE AND DEMONSTRATE ALL OF THE MOVEMENTS IN WON-HYO...</p> <p>e.g. 3rd movement <i>WEN GOJANG SO, KAUNDE YOP JIRUGI</i> 7th movement <i>ORUN GOBURYO JUNBI SO A, KAUNDE PALMOK DAEBI MAKGI</i> 18th movement <i>WEN GUNUN SO, AN PALMOK DOLLIMYO MAKGI</i></p>
5	<p>BACK PIERCING KICK – DWIT CHA JIRUGI</p> <p>Part of use...</p> <p>FOOT SWORD <i>BALKAL</i></p>